

The Exploration of Coffee Roasting Degrees and Profiles with Estimation of Chlorogenic Acid and Caffeine in Roasted Coffee

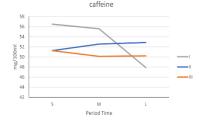
SENSORY

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Introduction

The flavor of chlorogenic acid (CGA) is sour and slightly bitter, and obviously astringent. Caffeine tastes bitter. These two chemical compositions have a great influence on coffee's flavor. From this discussion, we tried to explore caffeine/CGA variations in different roasting degrees and different roasting curves, then explored the influence of these variations on flavors.

drop first crack yellow point IIIIIII



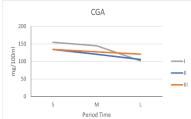


Fig 1. Roasting Periods

Fig 3. Caffeine/CGA variation at different period time in period I, II, and III

Materials/Methods

The GTC300 was used to examine the mounts of caffeine and CGA, instead of traditional HPLC. Part1: the roasting levels and roasting profiles. The samples were prepared with roasting level, AL-1 to 8 which the roasting level, Agtron were #102, #90, #81, #74, #65, #54, #45, and #38, respectively. Part2: The roasting profile could be divided into three periods, dehydration (first period, I), Maillard reaction (second period, III) and development (third period, III), was shown in Fig. 1.

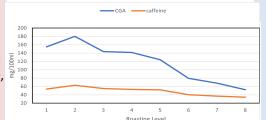


Fig 2. CGA and caffeine variation by roasting level

Conclusion/Perspectives

the estimation of caffeine/CGA could explore the variations of roasting coffee beans. And further, we could control flavors by setting roasting degrees and roasting profiles. More explorations of chemical compositions by HPLC and GC should offer further discussions.

References:

- 1. Guilin Hu, et al. 2020 Effect of roasting degree of coffee beans on sensory evaluation: Research from the perspective of major chemical ingredients. Food Chemistry, page 331.
- 2. Osorio Pérez, V., et al., 2023 Chemical Composition and Sensory Quality of Coffee Fruits at Different Stages of Maturity. Agronomy, 13(2), page 341.
- 3. Walter, K., Caffeine and Health. JAMA, 2022. 327(7): p. 693.
- 4. Pramudita, D., et al., 2017 Roasting and Colouring Profiles for Coffee Beans with Broad Time-Temperature Variations. Food and Bioprocess Technology. 10(8) Pp. 1509-1520.

Results/Discussion

caffeine were lower than Level 2.

- 1. The trend showed that the amounts of CGA and caffein gradually decreased with roasting level increasing in Fig 2.

 2. Level1, called as under-development, the CGA and
- 3. Fig 3 showed caffeine decreased more when longer the time of period I. That means caffeine exited more when we used fast roast.
- 4. In period II, longer the period time, more the amount of caffeine. That means if we would like to decrease bitter, we could shorten the time of period II. As for CGA, whatever period I, II and III, longer the period time, the trends of decreasing were obvious. Especially in period I, the trend of decreasing was more than another period.

That implied fast roasting would lead to lower more CGA.